# Counselor Recommendation Student Questionnaire: General

To assist in the writing of your Counselor letter of recommendation for ALL colleges, please answer as many of the following questions as you can and return your answers to the Office of Further Studies via email. The information you provide will remain confidential and will only be used in writing your counselor recommendation. The more information you are able to give, the more we are able to tell your colleges. A recommendation cannot be started until this document is received - **please return the form in a Word document attachment to Ms. Tracy Wong & Ms. Christy Liang by May 1st if you are planning to study overseas.**

**Email to spccfurtherstudies@gmail.com**

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| Student Name: | Class: |
|  |  |
| Email address (not e-class): | Phone/Mobile: |
|  |  |
| Birthday *ie (Sept/25/1998)* : |  |
| Primary School: |  |
|  |  |
| Date & Form Admitted to SPCC: |  |
|  |  |
| Previous school (if transferred into SPCC after Form 1): |  |
| How many brothers/sisters do you have and where are they? What are they doing now? | List here: |
| Did your parents go to university? Which university did they go to and what did they study? | Mom:  Dad: |

|  |  |
| --- | --- |
| I’m applying to….. |  |
| * US Schools | Early Action/Early Decision Schools (Nov 1st): |
|  | Regular Decision (Jan 1st): |
| * Canadian Schools | *Please List:* |
| * Australia/Japan/ Europe | *Please List:* |
|  |  |

A. Family and Home Background

1. What language do you speak at home?
2. What other languages do you speak and how well do you speak and write them?

B. Your Personality and Relationships with Others

1. How do you see yourself? Please give five adjectives that you think describe you or write a short description.
2. How do others see you (family, friends)? Please give five adjectives you think they would use to describe you and explain why.
3. What are your personal strengths? Please give examples if possible.
4. What are your personal weaknesses? How do you work to overcome these?
5. How do you react to failure, disappointment or criticism? Please give an example/examples.
6. Have there been any big events that have had a major impact on your life? Describe any difficult times or crisis you’ve had to cope with. How did they affect you? How did you handle them?
7. Of your unique gifts and strengths, which would you most like to develop?
8. What would you most like to change about yourself?

C. School

1. What are your academic interests?
2. Which subjects have you enjoyed the most? Why?
3. Which subjects have been most difficult for you? Why?
4. Have you worked to your full potential in secondary school? Is your academic record an accurate measure of your ability and potential? If not, why?
5. What are your major strengths and weaknesses as a student?
6. What are three qualities you think your teachers like most about you?
7. Describe an academic experience which has been a highlight (e.g. a teacher, a class, a paper, a project, a book). What made the experience special?
8. List any academic honours/awards you have achieved.
9. List all your academic public exam results (IGCSE, GCE, SAT, ACT, AP, TOEFL, IELTS etc.)

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| --- | --- |
| Name of Exam | Result |
|  |  |

10. What course do you want to study at university? Why is it important to you? Who or what has inspired you to choose this course? Why or how is this subject important to society?

11. How do you plan to use what you will have learned at university after you graduate?

12. For IB students: What was your topic for your EE? How did you conduct your research and what did you learn from the process of researching and writing your EE?

13. What kind of learner are you? In what situations do you best learn, and what conditions are negative to your learning experience?

D. Activities and Interests

1. Please list the activities you have been involved in during secondary school (ie. sports, drama, debating, arts, music etc). Are you on a sports team? Do you sing? Play a musical instrument? Act? Enjoy photography/painting/drawing etc.? How involved have you been in each? How long have you been involved? Do you hold any leadership roles?
2. Please give details of any work experience or voluntary work you have been involved in.
3. Which activity/activities has/have been most important to you? Why?
4. What activities do you most enjoy outside of school?
5. How have you spent the past three summers?
6. Have there been any big events that have had a major impact on your life? (ie. major health issues, family, academic history: a sudden drop in grade one year) If not, just say no.
7. Please list all universities along with appropriate deadlines. Indicate if you are applying EA/ED.

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| University | Deadline | EA/ED/RD |
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